



FOR IMMEDIATE RELEASE
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Women In Leadership Program Returns to the Scottsdale Chamber *Featuring Sunny Wight, Executive Director, Co-Founder of Mindfulness First*

Scottsdale, AZ (December 20, 2023) [The Scottsdale Area Chamber of Commerce](#) is proud to announce the return of its [Women In Leadership](#) series in 2024. This series of quarterly luncheons is designed to empower women to be strong business leaders and to inspire women to reach their full potential.

At each luncheon, a woman who has made great accomplishments in her life, both business and personal, will share her experiences and how she got to where she is today. This series is built on inspiration and seeks to engage, foster, support, network and help advance female leaders.

"At The Scottsdale Chamber, we've seen firsthand the positive impact of female leadership in our member businesses." said Stephanie Miller, Director of Programs and Events at the Chamber. "We want to foster a culture of inclusion and empowerment to help all women reach their full potential."

The first luncheon of the series will be held Thursday, February 1st, 2024, at the [Hilton Scottsdale Resort & Villas](#). The featured speaker will be Sunny Wight, Executive Director and Co-Founder of [Mindfulness First](#). Sunny co-created Mindfulness First after experiencing a stress-related breakdown and illnesses from which she used mindfulness to recover and completely transform her life.

Sunny has a Bachelor of Science (Honors) in Communications and Media Studies, 200-hour Yoga Teacher Training, AZ ACE's Consortium Training, and Mindful Schools Fundamentals/Curriculum Training, with a prior career in PR and marketing. She is passionate about nurturing critical thinking in others and creating equitable and collaborative work environments, all by-products of mindful living.

The luncheon will begin at 11:30am with registration, followed by the program from 11:50am - 1:30pm. The cost is \$75 for members, \$90 for guests, and \$700 for a table of ten. Valuable sponsorship opportunities are also available.

For more information, please contact the Chamber at 480.355.2700 or info@scottsdalechamber.com. Don't miss out on this inspiring event and the opportunity to learn from Sunny Wight and other amazing women in leadership.

Photos and logos available for download at:

<https://www.dropbox.com/scl/fo/b07xi665r2sub7hy9rl2v/h?rlkey=5cvr9o5hgb459e2q9wyt8es6a&dl=0>

ABOUT THE SCOTTSDALE AREA CHAMBER OF COMMERCE

The Scottsdale Area Chamber of Commerce is the largest business organization in Scottsdale providing advocacy, education, networking, leadership development and exposure opportunities to our member businesses. The Chamber actively works to maintain Scottsdale's high quality of life and create an environment where business innovation, excellence and entrepreneurship can thrive. Serving ALL of Scottsdale since 1947. For more information or to learn how to become a member visit scottsdalechamber.com or call 480.355.2700.

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